

6TH V4 PUBLIC HEALTH CONFERENCE AND 7TH SAVEZ CONFERENCE

Conference Booklet

Healthy Horizons: Exploring Innovations in Public Health

9-11 September 2026

Kosice, Slovakia



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6TH V4 PUBLIC HEALTH CONFERENCE AND 7TH SAVEZ CONFERENCE

9-11 September 2026, High Tatras, Slovakia

HOSTED BY

Pavol Jozef Safarik University in Kosice, Faculty of Medicine

Slovak Public Health Association - SAVEZ

Ministry of Health of the Slovak Republic

Slovak Medical Association



INTRODUCTION

Public health in Europe is entering a period of rapid transformation, driven by new technologies, shifting demographic trends, and changing societal needs. As countries continue to address long-standing challenges—such as chronic diseases, ageing populations, and health inequalities—there is an increasing demand for innovative, evidence-based approaches that can strengthen health systems and improve population well-being. The 2026 conference “Healthy Horizons: Exploring Innovations in Public Health” brings together researchers, policymakers, practitioners, and civil society to exchange knowledge, inspire collaboration, and shape the future of public health in the region.

The conference is organised around six interconnected sub-themes, each reflecting a key priority for modern health systems:

- Behavioural and Cultural Insights: From Awareness to Action
- Shaping Resilient Health and Care Systems
- Active and Healthy Ageing in the Digital Era
- Opportunities for Advancing Healthy Weight Management
- Empowering People for Safety in Healthcare
- Health 5.0: mRNA, AI, NPI

The 2026 gathering in the High Tatras offers an inspiring setting to share experiences, exchange perspectives, and explore opportunities to advance sustainable healthcare systems across Europe. Together, we will create a dynamic space for networking, knowledge exchange, and informed debate. By contributing your insights, you will help bring greater attention to issues that require further consideration by key stakeholders and support the development of materials that can inform future policy discussions at both national and European levels.

SPEAKERS

Opening Ceremony



Michal Stofko

State Secretary, Ministry of Health of the
Slovak Republic



Matthias Bachmann

Head of Swiss Contribution Offices in Bratislava
and Prague



Moredreck Chibi

WHO/Europe Regional Innovation Lead



Caroline Costongs

Director, EuroHealthNet



Zuzana Katreniakova

Chair, V4PHC 2026 International Organising
Committee



Charlotte Marchandise

Executive Director, European Public Health
Association – EUPHA

Opening Ceremony



Iveta Nagyova

Chair, V4PHC 2026 International Scientific Committee



Beatrix Oroszi

Chief Medical Officer of Hungary



Slavka Tomascikova

Vice-Rector for International Relations at Pavol Jozef Safarik University in Kosice, Slovakia

Guests – International



Vera Araujo-Soares

Professor, Heidelberg University, Germany



Simon Bacon

Professor, Concordia University, Canada



Till Barnighausen

Director, Heidelberg Institute of Global Health, Heidelberg University, Germany

Guests – International



Mirka Cikkelova

General Secretary, European Patient Safety Foundation (EUPSF)



Sonia Dias

Dean and Professor, National School of Public Health, NOVA University, Lisbon, Portugal



Lorena Dini

Health Systems Research & Innovation Head, Charité Universitätsmedizin Berlin, Germany



Kim Lavoie

Professor, University of Quebec, Montreal, Canada



Gregory Ninot

Professor, University of Montpellier, France



Falko Sniehotta

Professor, Heidelberg University, Germany

Guests – V4 Countries



Roza Adany

Professor, Semmelweis University, Budapest,
Hungary



Martin Dlouhy

President, Czech Society of Social Medicine and
Health Management, CzMA



Andrzej M. Fal

President, Polish Society of Public Health



Istvan Kiss

President, Hungarian Association of Public
Health Training and Research Institutes (NKE)



Daniela Kallayova

Senior Officer, Ministry of Health of the Slovak
Republic



Alena Petrakova

Board member, Czech Society of Social
Medicine and Health Management, CzMA

Guests – V4 Countries



Piotr Romaniuk

Head of Department, Medical University of Silesia, Katowice, Poland



Martin Rusnak

Professor, Department of Public Health, Trnava University, Slovakia



Zoltan Ungvari

Professor, Semmelweis University, Budapest, Hungary

Patronage & Accreditation

The conference is held under the auspices of the Ministry of Health of the Slovak Republic.

The conference is also held under the auspices of Prof. Peter Jarcuska, MD, PhD, Dean of the Faculty of Medicine, Pavol Jozef Safarik University in Kosice, Slovakia.

The conference has been designated as a EUPHA Midterm Conference.

The 6th V4 Public Health conference and the 7th SAVEZ conference has been accredited by the Slovak Accreditation Council for Continuing Medical Education (ARS CME) (no. DS199SK).

PROGRAMME AT A GLANCE

9 September 2026 (Wednesday)

09:00-16:45	SWISS-SLOVAK Cooperation Programme (Pre-conference workshop)
08:00-17:00	The Lancet Commission on the European Health Union (Closed meeting)

10 September 2026 (Thursday)

08:00-09:00	Registration
08:00-10:30	The Lancet Commission on the European Health Union (Closed meeting)
09:00-10:30	Session 1
09:00-10:30	Session 2
09:00-10:30	Session 3
10:30-11:00	Coffee break
11:00-12:00	Opening ceremony
12:00-12:30	Plenary session 1
12:30-13:30	Lunch
13:30-15:00	The Lancet Commission on the European Health Union (Closed meeting)
13:30-15:00	Plenary session 2
15:00-15:30	Coffee break
15:00-15:30	Poster session 1

10 September 2026 (Thursday)

(Programme Continued)

15:30-17:00	Session 4
15:30-17:00	Session 5
15:30-17:00	Session 6
15:30-17:00	Swiss-Slovak Health Programme
15:30-17:00	The Lancet Commission on the European Health Union (Closed meeting)
19:00-22:00	Conference dinner

11 September 2026 (Friday)

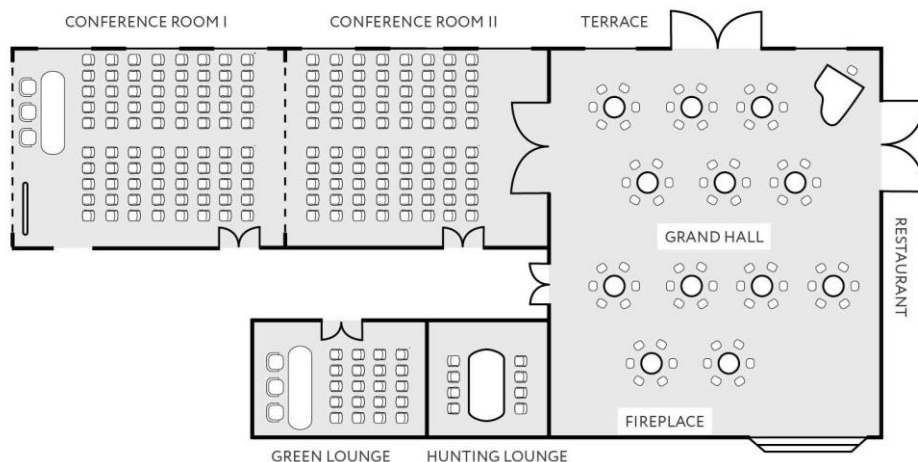
08:00-09:00	Registration
09:00-10:30	Session 7
09:00-10:30	Session 8
09:00-10:30	Session 9
09:00-10:30	Meeting of the Slovak Society of Psychosomatic and Behavioural Medicine
10:30-11:00	Coffee break
10:30-11:00	Poster session 2
11:00-12:30	Plenary session 3
12:30-13:00	Closing ceremony
13:00-13:30	Coffee break
13:30-14:30	Meeting of the Slovak Society of Psychosomatic and Behavioural Medicine
14:30-16:00	SAVEZ Annual meeting

CONFERENCE VENUE

Grandhotel Praha ****

Tatranska Lomnica 8, High Tatras, Slovakia

A true icon of hospitality in the High Tatras, Grandhotel Praha has welcomed distinguished guests beneath Mount Lomnický štít since 1905. This four-star Art Nouveau landmark combines timeless elegance with refined comfort, preserving its noble design and inviting guests to experience the romantic atmosphere of the early 20th century. In recognition of its excellence, Grandhotel Praha was awarded first place in the Heritage & Wellness category at the prestigious Heritage Hotels of Europe Awards 2025.



SOCIAL PROGRAMME

Gala Dinner

We are delighted to invite you to the Conference Gala Dinner on **Thursday, 10 September 2026, at 19:00**, at Grandhotel Praha. Join us for a memorable evening of fine dining, music, and wonderful company. The hotel's head chef and culinary team have prepared a special menu showcasing fresh, seasonal ingredients and a refined selection of international and Slovak cuisine. Throughout the evening, live piano music will provide an elegant backdrop, creating a warm and sophisticated atmosphere for dining, conversation, and celebration. We look forward to welcoming you and enjoying this special evening together.

Explore the High Tatras – Europe's Top Destination

TravelBook Award 2025: The High Tatras have been named the winner of the prestigious TravelBook Award 2025 in the Best Hidden Gem Region in Europe category. This recognition highlights that Slovakia's mountain jewel ranks among the most exceptional yet still undiscovered destinations on the travel map of Europe.

Lonely Planet 2019: The High Tatras, Slovakia's stunning mountainous region, was voted Europe's No. 1 destination by Lonely Planet in 2019—a true badge of honour and a reason to add this spectacular region to your travel bucket list.



PROGRAMME

9 September 2026 (Wednesday)

09:00-16:45 Conference Room I	SWISS-SLOVAK Cooperation Programme (Pre-conference workshop) Strengthening governance for NCD prevention: Integrating insights from JA PreventNCD and Invest4Health into the Swiss Slovak Health Framework
08:00-17:00 Green Lounge	The Lancet Commission on the European Health Union (Closed meeting)

10 September 2026 (Thursday)

08:00-09:00 Hotel foyer	Registration
08:00-10:30 Green Lounge	The Lancet Commission on the European Health Union (Closed meeting)
09:00-10:30 Conference Room I	Session 1 (Simultaneous translation into English, Slovak) Health Behaviour, Prevention & Health Literacy Chairs: Istvan Kiss, Zuzana Katreniakova
	The use of preventive procedures in public health care and managed personalized care in the Czechia Subrt O, Snajdr P, Kabrt J, Sebek M, Hotova L General health literacy and its association with health outcomes in Hungary Biro E, Vincze F, Adany R Analysis of health literacy among the population of the Slovak Republic Koscakova B, Ochaba R The association between health literacy and selected lifestyle factors in the Slovak population Ochaba R, Koscakova B, Konkol N

09:00-10:30 Conference Room I	Session 1 (Simultaneous translation into English, Slovak) - continued Health Behaviour, Prevention & Health Literacy Chairs: Istvan Kiss, Zuzana Katreniakova
	Health awareness and health behaviour of the Slovak population: trends in smoking, 2013–2025 Konkol N, Ochaba R Does alcohol drinking affect mortality in the Czech ageing society? The evidence from the HAPIEE Study Pikhart H, Pan Y, Capkova N, Dalecka A, Bobak M Effects of aerobic and combined strength–aerobic training on sleep quality in female students Salonna F, Berta P, Melicharova P, Kasko D, Kuchelova Z, Bukova A The National Screening Centre in Slovakia: Governance and coordination of cancer screening Kyjaci M, Bardyova Z Transformation of breast cancer screening in Slovakia into a fully organised programme Bardyova Z
09:00-10:30 Conference Room II	Session 2 Public Health Communication, Policy & Crisis Response Chairs: Kim Lavoie, Maria Murray Svidronova
	Rational use of antibiotics: behavioural analysis and design of an information intervention Murray Svidronova M, Jakus Muthova N COVID-19–related health literacy and vaccine acceptance in Hungary during the pandemic period Vincze F, Karu YE, Matyas G, Adany R, Biro E Post-COVID-19 syndrome in the Slovak Republic: a population-based survey Melichova J, Sivco P, Majdan M, Plancikova D, Spajdel M Impact of COVID-19 infection on mental health, lifestyle, and health-related quality of life Miskulin I, Fotez I, Licanin MM, Simic IK, Pavlovic N, Britvic PP, Kotromanovic D

09:00-10:30 Conference Room II	Session 2 - continued Public Health Communication, Policy & Crisis Response Chairs: Kim Lavoie, Maria Murray Svidronova
	Public health strategies for traffic injury prevention in the UAE: safe system approach Elkonaissi I, Grivna M A roadmap for post-crisis health system recovery in Gaza based on the WHO health system framework Alagha O, Southern N
09:00-10:30 Red Lounge	Session 3 Digital Health, Telemedicine & Health Data Chairs: Simon Bacon, Edit Paulik
	Determinants of community acceptance toward telehealth in low-income settings: Qualitative evidence Bagahizel A, Ismail A, Musa K, Ahmad NSHN, Pereira D Telemedicine readiness among healthcare providers in low-income settings Bagahizel A, Ismail A, Musa K, Ahmad NSHN, Pereira D Medical students' experiences with the use of smart devices: a single-centre study in Hungary Paulik E, Kucsera M, Molnar R, Sisak A, Gajdacs M, Szaboova V The European Health Data Space: turning health data into public health value Sabajova E Closing the digital health skills gap in Europe: the XiA project and the future of interoperability education Sabajova E National eHealth system detects geographic variation in thyroid disorders in North Macedonia Talevska A, Smokovski I, Sahpaski D, Frtunik D, Zottarelli L, Daniels C, Sunil T
10:30-11:00	Coffee break

11:00-12:00 Conference Room I+II	Opening Ceremony (Simultaneous translation into English, Slovak) Chairs: Iveta Nagyova, Zuzana Katreniakova
	Welcome addresses by representatives of national and international institutions Michal Stofko - State Secretary, Ministry of Health of the Slovak Republic Moredreck Chibi - WHO/Europe Regional Innovation Lead Matthias Bachmann - Head of Swiss Contribution Offices in Bratislava and Prague Beatrix Oroszi - Chief Medical Officer of Hungary Slavka Tomascikova - Vice-rector of the PJ Safarik University in Kosice Welcome addresses on behalf of European public health organisations Charlotte Marchandise - Executive Director, EUPHA Dineke Zeegers Paget - Past Executive Director, EUPHA Caroline Costongs - Director, EuroHealthNet
12:00-12:30 Conference Room I+II	Plenary session 1 (Simultaneous translation into English, Slovak) Strengthening Health Systems in Europe: Challenges and Opportunities Chairs: Zuzana Katreniakova, Iveta Nagyova
	The Lancet Commission on the European Health Union: Strengthening the union for and through health Till Bärnighausen - The Lancet Commission on the European Health Union From evidence to impact: Building public health systems that learn, implement and improve Falko Sniehotta - Heidelberg University, Germany
12:30-13:30	Lunch
13:30-15:00 Green Lounge	The Lancet Commission on the European Health Union (Closed meeting)

13:30-14:30 Conference Room I+II	Plenary session 2 (Simultaneous translation into English, Slovak) Innovative Approaches to Improve Peoples' Health - Good Practice Examples Chairs: Iveta Nagyova, Daniella Kallayova
	Co-designing behaviour change: lessons from developing behavioural interventions in real-world settings Vera Araujo-Soares - Heidelberg University, Germany Using motivational communication to create meaningful and lasting health behaviour change Kim Lavoie - University of Quebec, Montreal, Canada The future of behavioural interventions: digital health, artificial intelligence and population impact Simon Bacon - Concordia University, Canada The NPI Registry as an innovative tool for improving the quality, visibility and uptake of non-pharmacological interventions Gregory Ninot - University of Montpellier, France
14:30-15:00	General discussion: Plenary sessions 1 and 2
15:00-15:30	Coffee break & Poster session 1
15:00-15:30 Hotel foyer	Poster session 1 Health Behaviour, Health Literacy & Disease Prevention
	1.1 Lifestyle inspired by the Blue Zones concept as a potential tool for promoting mental health in the adult population Krupa-Kotara K, Spandel Z, Wypych-Slusarska A, Grajek M 1.2 Effect of education on lifestyle and body composition in weight reduction - Czech Army Kupsova B, Pavlik V, Fajfrova J, Safka V, Lasak P, Horacek JM

15:00-15:30 Hotel foyer	Poster session 1 - continued Health Behaviour, Health Literacy & Disease Prevention
	1.3 Socio-demographic & regional disparities in T2DM and diet quality in Europe: SHARE analysis Díaz-Benavides DA, Mori E, Mahrouseh N, Varga O 1.4 Promoting health literacy in nutrition and mental health through active learning strategies Zemanova M, Micikova L, Vaverkova B, Dvorakova P, Petrakova A, Kaslikova K, Hujova A, Bitalova K 1.5 Sleep disturbances and body mass index in the Croatian population during the COVID-19 pandemic Miskulin M, Vceva A, Mendes T, Matic Licanin M, Milic J, Nedic R, Bevanda K, Biuk E, Kovac V, Miskulin I 1.6 Behavioral and psychosocial determinants of healthy weight management among international medical students Miskarova S, Rimarova K, Hrubovcak Tejova M, Kanukova L 1.7 Understanding eating patterns: the Role of food literacy, sociodemographic factors, and adiposity Timkova V, Husivargova Theofanidis A, Mikula P, Katreniakova Z, Nagyova I 1.8 Pharmacist-led approaches for colorectal cancer prevention: a public health perspective Majsniarova Z, Minarikova D, Minarik P, Fazekas T, Sremanakova J 1.9 Anxiety, depression, and oral health-related quality of life in Croatian adults Miskulin M, Alagic D, Dumic J, Lovrinevic Pavlovic N, Dumic L, Kotromanovic Simic I, Kovacevic J, Vukoja I, Puz Britvic P, Miskulin I 1.10 Migraine as a public health burden: challenges in diagnosis and access to care Polanova M 1.11 Understanding social participation in chronic autoimmune diseases: implications for RA and MS management Husivargova Theofanidis A, Mikula P, Nagyova I 1.12 Multimodal intervention for physical behavior modification among Kosice older adults Cimbolakova I, Ely M, Zemkova E

15:00-15:30 Hotel foyer	Poster session 1 - continued Health Behaviour, Health Literacy & Disease Prevention
	1.13 Childhood asthma in social epidemiology: impact of neighbourhood and home environments Wypych-Slusarska A, Krupa-Kotara K, Niewiadomska E 1.14 Vitamin D supplementation in the Czech Republic: sociodemographic patterns and COVID-19 impact Hodacova L, Cermakova E, Hodac J, Borska L, Holmannova D 1.15 Keratin biomarkers of arsenic: the potential of hair and nails in assessing environmental exposure Ulbrichtova R, Sovicova M, Tatarkova M, Hudekova H, Baska T 1.16 Enhancing health literacy through partnerships between local government and universities Micikova L, Zemanova M, Kohlova A, Kovarova K, Fleischmann O, Vostry M, Ticha K, Kynstova H, Stupkova D 1.17 Health impact assessment education, amongst public health students: a pilot study Vojtekova V, Farrell A, Kacvinska D, Pekarcikova J 1.18 Health-related procrastination in chronic disease: preventive potential of cognitive-behavioural approaches Berinsterova M, Nagyova I 1.19 Migration's impact on vaccine-preventable diseases in the V4 Region: trend and forecast 2035 Grajek M, Major D, Karakiewicz B
15:30-17:00 Conference Room I	Session 4 (Simultaneous translation into English, Slovak) Health Systems, Workforce & Public Health Capacity Chairs: Martin Dlouhy, Piotr Karniej
	The health system resources, health determinants, and health outcomes in the V4 countries Dlouhy M Prevention is the cheapest reform in public health, but we keep postponing it FaI A, Karniej P

15:30-17:00 Conference Room I	Session 4 (Simultaneous translation into English, Slovak) - continued Health Systems, Workforce & Public Health Capacity Chairs: Martin Dlouhy, Piotr Karniej
	Workforce motivation gaps in nursing: a decade of evidence from Czech acute care hospitals Vevoda J, Lacova K, Vevodova S Strengthening the public health workforce in the United Arab Emirates: a mixed-method study Al Qadiri T, Elbarazi I, Elkonaisi I, Paulo MS, Sheek-Hussein M, Czabanowska K, Koornneef E, Grivna M Health Impact Assessment in transition: Trends in Health Impact Assessment in Slovakia in 2012–2024 Letanovsky P, Pekarcikova J, Vojtekova V, Plancikova D, Kacmarikova M Preparedness for cross-border threats to health: Strengthening public health capacities development Petrakova A, Prikazsky V, Micikova L, Kollarova H, Vesela N, Machaczka O, Zemanova M, Grusova K, Tekla T Integration of one-day healthcare into the SK-DRG System: A Path to system development Kralikova K, Szalayova A, Kosticova M Aligning Czech bachelor public health programmes with the ASPHER core curriculum Vesela N, Zemanova M, Micikova L, Petrakova A, Machaczka O, Tekla T
15:30-17:00 Conference Room II	Session 5 Healthy Weight, Nutrition & Physical Activity Chairs: Piotr Romaniuk, Vladimira Timkova
	From public action to healthy eating. How can local food environment policies improve the socioeconomically driven diet inequalities? Romaniuk P, Kaczmarek K, Alcer K, Zadworna-Strzeszynska N, Kaner G, Yurtdaş-Depboylu G, van Duin E, Sonneveld N, O'Connor N, Djojosoeparto S, Van Kerckhove J, Barron C, Vandevijvere S, Brukało K, Poelman MP, Cardon G, Harrington JM Prevalence of obesity and analysis of selected health determinants in the V4 countries Mrázová M, Mráz M, Kacmarikova M, Lesnakova A

15:30-17:00 Conference Room II	Session 5 - continued Healthy Weight, Nutrition & Physical Activity Chairs: Piotr Romaniuk, Vladimira Timkova
	Potential impact of increased physical activity on NCD burden in Central and Eastern Europe by 2030 Muhlis ANA, Mahrouseh N, Chamouni G, Tarek GL, Varga O Understanding dietary patterns through system thinking: Evidence from a participatory study in a socioeconomically disadvantaged community in Silesia region, Poland Romaniuk P, Kaczmarek K, Alcer K, Brukało K, Zadworna-Strzeszyna N The role of food literacy in body size and quality of life Timkova V, Husivargova Theofanidis A, Mikula P, Nagyova I BENU prevention system – program V rovnovaze (In balance program) Hemzal M, Skalska M, Dobesova E Recommendations for diet and nutrition in obesity prevention: Slovak food-based dietary guidelines Minarik P, Minarikova D, Fabryova L
15:30-17:00 Red Lounge	Session 6 Patient Safety, AI, mHealth & Emerging Competencies Chairs: Vera Araujo-Soares, Gregory Ninot
	Self-rated health and attitudes to digital health literacy training among older adults Nemcikova M, Katreniakova Z, Timkova V, Nagyova I Continuous, data-driven monitoring of patients with obesity in Hungarian primary care: a real-world telecare study Blasszauer B Critical assessment of artificial intelligence in pharmacy education: a pilot study Smejkalova L, Sutorova M, Cabadajova B, Ambrus T Burnout syndrome in healthcare: a public health and policy-system challenge Ulbrichtova R, Svihrova V, Sovicova M, Hudeckova H, Kelcikova S, Baska T Healthcare workforce development strategy to prevent fatigue and improve resilience Antosova M, Katreniakova Z, Cikkelova M Organisational contexts of antibiotic prescribing in Czech primary care Kotherova Z

15:30-17:00 Hunting Lounge	Swiss-Slovak Health Programme Chairs: Kallayova D, Hlasna M
15:30-17:00 Green Lounge	The Lancet Commission on the European Health Union (Closed meeting)
19:00-22:00 Restaurant	Conference networking dinner

11 September 2026 (Friday)

08:00-09:00 Hotel foyer	Registration
09:00-10:30 Conference Room I	Session 7 (Simultaneous translation into English, Slovak) Ageing, Chronic Disease & Long-Term Care Chairs: Roza Adany, Zoltan Ungvari
	The Semmelweis Study: a longitudinal occupational cohort study informing healthy aging interventions Ungvari Z, Fazekas-Pongor V, Major D, Csipo T, Adany R Pace of aging predicts mortality: findings from the Whitehall II Fazekas-Pongor V, Major D, Hung WY, Fekete M, Tabak A, Belsky D, Ungvari Z Causes and extent of avoidable mortality across the European Union: insights for advancing healthy ageing Major D, Fazekas-Pongor V, Kovacs N, Piko P, Fekete M, Ungvari Z, Adany R Healthy Longevity Medicine: Knowledge and career interest among medical and allied health students Major D, Seymour V, Mishina E, Ungvari Z, Varga P, Maier AB, Fazekas-Pongor V The first epidemiological and economic parameters of dementia and Alzheimer's disease in Slovakia Antosova M, Antalova S, Misik M, Berta I, Zilka N

09:00-10:30 Conference Room I	Session 7 (Simultaneous translation into English, Slovak) - continued Ageing, Chronic Disease & Long-Term Care Chairs: Roza Adany, Zoltan Ungvari
	Interprofessional model of care for geriatric patients in rural Germany – needs for action Sarganas G, Ordoñez A, Koppelow M, Odonkor S, Zutz S, Dannenberg M, Dini L Prevalence of potentially inappropriate medications in residential care facilities for older adults Sutorova M, Smejkalova L, Ambrus T, Kolar J Association of retinal microvascular health, cognition and lifestyle in the Semmelweis Study cohort Csipo T, Lipecz A, Gyorffy E, Ungvari S, Csik B, Feher A, Hung WY, Fekete M, Ungvari Z Urinary health and quality of life in people with multiple sclerosis Mikula P, Timkova V, Szilasiova J, Nagyova I
09:00-10:30 Conference Room II	Session 8 Vulnerable Populations, Equity & Social Determinants Chairs: Emilia Kramkowska, Martin Mnahoncak
	Social determinants of health as a tool for effective public health and integrated care in the EU Mnahoncakova E, Mnahoncak M, Filkasz G, Bartos D The relationship between generational affiliation and attitudes towards health and healthy lifestyle Kramkowska E The role of biopsychosocial factors in fatigue among socioeconomically in/active RA patients Husivargova Theofanidis A, Timkova V, Mikula P, Macejova Z, Nagyova I From outreach to housing: Integrated care pathways for people experiencing homelessness Vachnova A, Rusnakova V, Krajkovicova J Health promotion in marginalised Roma communities Grauzelova T, Hrustic T From entitlement to access: healthcare gaps among Ukrainian Temporary Protection holders in Slovakia Mikuska L, Roussier L, Kosticova M

09:00-10:30 Conference Room II	Session 8 - continued Vulnerable Populations, Equity & Social Determinants Chairs: Emilia Kramkowska, Martin Mnahoncak
	Physicians' perspectives on healthcare access barriers for Ukrainian temporary protection holders in Slovakia Kosticova M, Roussier L, Mikuska L Suicidal ideation and its associated factors in older migrants: a systematic review Zaba T, Gundersen K, Dzurova D
09:00-10:30 Red Lounge	Session 9 Environment, Community, Occupational & Socioeconomic Health Chairs: Charlotte Marchandise, Ivan Miskulin
	Do healthy residents live in quality neighbourhoods? Miskulin I, Pavic Z, Zanic M Do friction periods reflect labour market conditions? Protocol for a meta-research study Łyszczarz B Psychosocial effects of COVID-19 on families in the Upper Silesian Metropolis, Poland Alcer K, Romaniuk P, Grajek M Rethinking preventive medicine education: three case studies from Pecs, Hungary Kiss I, Giran J, Horvath-Sarrodi A, Balogh E, Marek E, Berenyi K, Szendi K, Orsos Z Determinants of arsenic testing and well management: behavioral insights (case study) Sovicova M, Zibolenova J, Malobicka E, Novak M, Tatarkova M, Ulbrichtova R, Svihrova V, Hudeckova H, Baska T Attitudes and management practices of domestic well owners: national survey results Sovicova M, Baska T, Zibolenova J, Tatarkova M, Estokova M, Valovicova Z, Zaborsky T, Marusiakova M, Hudeckova H Employer branding through sports and well-being: the impact on perceived employer attractiveness among young people Kalanin P, Ali Taha V

09:00-10:30 Green Lounge	WHO/Europe BCI & Slovak Society of Psychosomatic and Behavioural Medicine (Capacity Building Meeting)
10:30-11:00	Coffee break & Poster session 2
10:30-11:00 Hotel foyer	Poster session 2 Health Systems, Digital Health & Healthcare Services
	2.1 CARE+: a digital-community-workplace model for informal carers of older adults in Slovakia Kakas M, Kakasova I 2.2 Artificial intelligence chatbot use in psychological distress among medical students Mackova E, Hybelova K, Bednarova A 2.3 Digital health literacy and psychological well-being among older adults in Slovakia: the mediating role of social support Nagyova I, Nemcikova M, Katreniakova Z 2.4 The potential of telecare solutions in Hungarian community nursing: a systematic review Siket AU, Sarvary A, Szollosi A, Pap L 2.5 Health care access for undocumented children and older migrants in Czechia Dobiasova K, Jelinkova M 2.6 Resilience of the Czech healthcare system in response to the arrival of Ukrainian war refugees: perspectives of frontline healthcare professionals, intercultural mediators, and refugees Angelovska O, Dobiasova K 2.7 Impact of COVID-19 lockdown on nutrition, physical activity and body weight in older adults Rimarova K, Kanukova L, Miskarova S, Hrubovcak Tejova M 2.8 Autonomic dysfunction in post-COVID syndrome: public health implications Hodac M, Hodacova L 2.9 Care setting and mortality in psychotic disorders: a 16-year retrospective cohort study Peritogiannis V, Bakola M, Ninou A, Kondyli E, Arvaniti A, Jelastopulu E, Samakouri M

10:30-11:00 Hotel foyer	Poster session 2 - continued Health Systems, Digital Health & Healthcare Services
	2.10 Differentiating suicide attempts and non-suicidal self-injury: clinical characteristics, motivations, and outcomes in hospitalized patients Bednarova A 2.11 Health impact assessment in Slovakia: a decade of national implementation (2015–2024) Vojtekova V, Kacvinska D, Letanovsky P, Plancikova D, Pekarcikova J 2.12 Enhanced Recovery After Surgery (ERAS) in total hip arthroplasty: a multidisciplinary, evidence-based approach Polan P, Vicen M, Matuska M, Katreniakova Z, Nagyova I 2.13 Association of pain catastrophizing and illness perception with quality of life after arthroplasty Evelley J, Polan P, Bukova A, Vicen M, Nagyova I 2.14 Impact of osteoporotic fractures of the proximal femur on public health Vicen M, Polan P, Matuska M 2.15 Effects of aerobic and concurrent strength–aerobic training on endurance in female university students Bukova A, Berta P, Melicharova P, Kasko D, Kuchelova Z, Rynikova M, Demeckova V, Salonna F 2.16 Green space utilization as a determinant of physical activity among medical students – preliminary findings from the MedHealth study Babjakova J, Vondrova D, Hadvinova L, Soldan M, Wrba T, Samohyl M, Argalasova L, Belica I, Blasko F, Babkova J 2.17 Hyperinsulinemia and chronic pain: Metabolic disparities between the Roma and Hungarian populations Ashkar HA, Adany R, Piko P 2.18 Whistleblowing in hospitals - improving communication and patient safety policies Tarnovska M, Parashkevova S, Simeonov S, Dimova R, Garvanov T

11:00-12:30 Conference Room I+II	Plenary session 3 (Simultaneous translation into English, Slovak) Investing in People: Building a Resilient and Future-Ready Public Health Workforce Chairs: Daniela Kallayova, Zuzana Katreniakova
	Building learning public health systems through people, partnerships and communities Sonia Dias - National School of Public Health, NOVA University, Lisbon, Portugal (online) Strategic transformation of the Hungarian National Public Health Institute based on population health needs Beatrix Oroszi - National Centre for Public Health and Pharmacy, Hungary Translational health services research and systems thinking – building capacity for public health professionals Lorena Dini - Charité Universitätsmedizin Berlin, Berlin, Germany Strengthening core competencies of public health professionals using the ASPHER CCP: Czech example Alena Petrakova - Czech Society of Social Medicine and Health Management, Czech Republic Educating for resilience: advancing public health training to strengthen health and care systems in V4 countries Martin Rusnak - Faculty of Health and Social Work, Trnava University, Slovakia Towards safe and resilient healthcare systems in Europe: EUPSF Strategy 2026–2030 Mirka Cikkelova - European Patient Safety Foundation (EUPSF), Brussels, Belgium
12:30-13:00 Conference Room I+II	Closing Ceremony (Simultaneous translation into English, Slovak) Chairs: Iveta Nagyova, Zuzana Katreniakova
13:00-13:30	Coffee Break
13:30-14:30 Green Lounge	Networking Meeting of the Slovak Society of Psychosomatic and Behavioural Medicine (Hybrid)
14:30-16:00 Red Lounge	SAVEZ Annual meeting (Hybrid)

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